

# WHAT CAN I DO IF I AM BORROWING FROM A LOAN SHARK?

- Consider contacting the Illegal money lending team for specialist advice in confidence
- If you are in immediate danger you must call 999
- Recognise that this is happening to you and that it needs to stop
- Accept that you are not to blame
- Keep a diary of incidents, noting down times, dates and witnesses, if any
- Keep a photographic record of any injuries
- Your personal safety is the most important thing
- Report each incident to the illegal money lending team
- Tell trusted friends and family
- Seek help and support from agencies
- Keep text messages, voicemails and any written notes

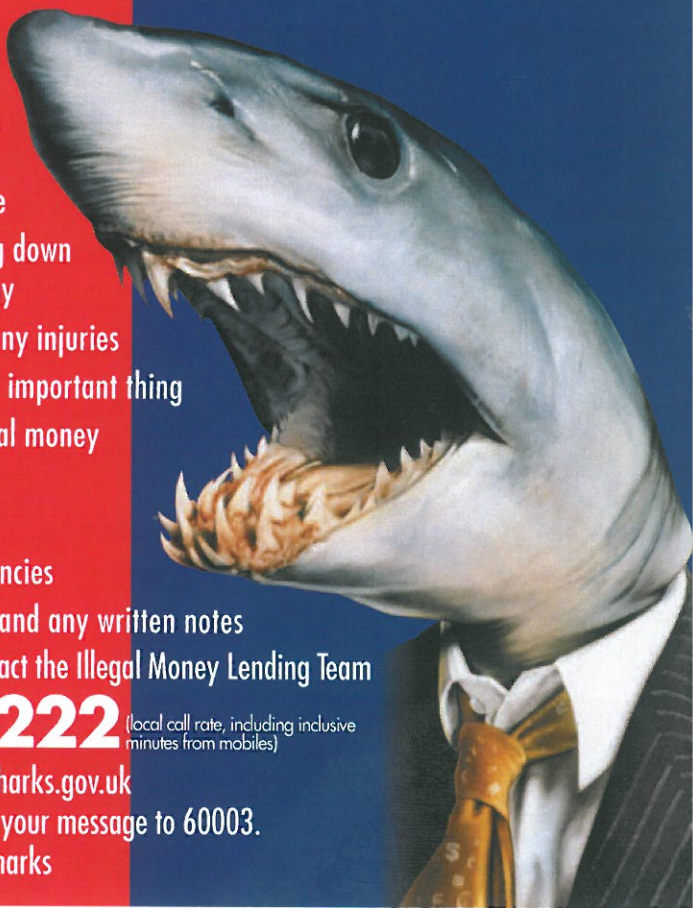
For confidential help and advice contact the Illegal Money Lending Team

**0300 555 2222** (local call rate, including inclusive minutes from mobiles)

Email: [reportaloanshark@stoploansharks.gov.uk](mailto:reportaloanshark@stoploansharks.gov.uk)

Text: loan (space) shark (space) + your message to 60003.

Web: [www.direct.gov.uk/stoploansharks](http://www.direct.gov.uk/stoploansharks)



**BIS**

Department for Business  
Innovation & Skills

**Stop Loan Sharks**

Illegal Money Lending Team  
Working with Trading Standards – funded by BIS